

“The Two Step Solution to *Reduce Pain & Increase Energy*”

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“*Subluxation*” is the diagnosis your M.D. won’t make.

This is the most common cause of Pain in Joints, Muscles and Nerves.

Think of a subluxation as a pinched nerve do to your spine (neck, back, pelvis) being out of alignment. Not only can this cause pain and stiffness but will also reduce blood flow. Sooner or later you end up with pain. You may lose the ability to heal, function normally, bend, sit or reach without causing pain. This can sabotage your mood, memory and energy; make you feel old than you are and force you to live on drugs.

Your Two Step Solution

First, only a Chiropractor can diagnosis this condition, so find one fast. The second step is to have your Spine *Adjusted*. This is similar to the way Orthodontics straightens and adjusts teeth – Spinal adjustments will align the body, take the pressure off the nerve and begin the healing process. This means less pain + more energy.

Warning

Just like heart disease, cancer and diabetes; pinched nerves can be there for days, weeks, months or years before symptoms appear. Therefore by the time you feel the pain nerves have been inflamed “below the radar” usually longer than you think; meaning you had it but didn’t know it—or maybe you know exactly when you hurt yourself. In any event, working at correcting the alignment will give your body a chance to heal – **Naturally**.

If you have misalignment of the spine causing pinched nerves you may have NO symptoms, Or any number of symptoms, such as;

- **Neck Pain** **Back Pain**
- Headaches Carpal Tunnel
- **Muscle Pain** **Joint Pain**
- Shoulder Pain Leg Pain

- Fatigue Depression
- Brain Fog **Knee Pain**

- **Fibromyalgia** Arthritis
- Fatigue **Foot Pain**
- PMS Feeling Old
- Feeling Tired Depression



Pinched Nerves are Serious. Most medical efforts target only symptoms. This often sets in motion a roller coaster of frustration, pain and pills. I’m betting that you already know exactly what I mean. By the time patients get to Enfield Chiropractic they instinctively know that something has been missed by their doctors. Pinched nerves are called Subluxation in chiropractic. Only a chiropractor is qualified to and specialize in diagnosing this condition and then treating it of course.