



Menu of Services

At Powersource

Male/Female Hormone Testing, Gastrointestinal & Bone Panels

At Powersource we offer non-invasive saliva laboratory testing to analyze your specific hormone levels. These tests have been shown to be very sensitive and specific and aid us in rebalancing your body chemistry. They include Adrenal Stress Index™, Bone Health™, Male/Female Hormone™, Food Intolerance™ and Gastrointestinal Health™ panels. Samples can easily be collected at home or at work any time of the day. They are a big key to determining which system in your body may need support to empower you to *Express Life More Fully*.

Whole Food Nutrition

With advanced nutritional training, our clinic provides *whole food* nutritional supplements recommended to help improve the quality of your diet. A cornerstone of good health is eating a healthy diet. An important part of *Expressing Life More Fully* is ensuring that you are receiving the nutrition you need each day with high quality whole food supplementation. At Powersource we provide whole-food supplements that have their enzymes, phytochemicals and vitamins complexes left in tact as nature intended.

Workplace Wellness

Dr. Dubrul's Community Workshop Series provides injury prevention and wellness topics for you and your company's employees. Dr. Dubrul became Wellness Certified in 2005 and has devoted the last 7 years to teaching employees injury prevention as well as how to maintain a wellness lifestyle. Dr. Dubrul's complementary workplace wellness workshops are designed to help you give your employees and staff the most up to date information on health, healing, and the prevention of injuries on the job.

Auto Accident Care

At Powersource we know that getting involved in an automobile accident is one of the most scary and stressful occurrences that you will experience. A thorough evaluation by Dr. Scott Dubrul is a wise precaution to confirm the presence or absence of injuries. Chiropractic Doctors are qualified experts to detect and treat a wide variety of injuries of the spine, nerves & other related structures.

Breast Thermography Screenings

Breast Thermography is a 100% safe & non-invasive screening for breast health while offering the earliest screening possible. Breast Thermography can screen for indications of breast disease up to ten years before a mammogram can without harmful radiation or deep compression of the breasts. We offer this service once a month on Saturdays.

Pregnancy & Pediatric Care

One of our primary missions is to help a child's body function optimally. This is achieved by restoring any imbalances to their nervous system in order to improve organ function. This includes prenatal care which is beneficial not only to the mother's changing body but also the developing child. In addition, we recommend having your infant, toddler or child be evaluated Dr. Dubrul in order to enhance your child's ability to function in a greater state of health during the different stages of life.



Express Life More Fully

With Powersource

Located in uptown San Luis Obispo, Powersource is a patient centered wellness center offering natural solutions to pain while empowering you to Express Life More Fully.

Chiropractic Care

In practice for over 18 years on the Central Coast, Dr. Scott A Dubrul uses a gentle form of chiropractic treatment on the spine and extremities. On each visit Dr. Dubrul will utilize a thorough analysis of your structural alignment from head to toe, while providing only the care you need with specific and thorough adjustments.

Massage Therapy

Powersource has on-staff a team of highly trained therapists to aid in achieving your health care goals through functional treatment. We offer a unique approach to massage therapy in our office. Dr. Dubrul will prescribe a specific program based on your body's unique healing patterns. This enhances your results for feeling better and functioning better.

Lifestyle Nutritional Counseling

Dr. Dubrul offers his patients a practical, research and science-based approach to Wellness that addresses important health issues that patients can begin to work with immediately. Patients who consult with Dr. Dubrul build a genuine understanding of optimal health. Patients are equipped to address lifestyle changes from an "Add First Before You Take Away" approach.

With over 18 years of experience on the Central Coast, Dr. Dubrul has become an expert in his profession. In 2005, Dr. Dubrul became Wellness Certified through the International Chiropractic Association. With this training he is able to offer a true Holistic approach to attaining wellness. Cited for his community involvement, Dr. Dubrul heads up Chirofeed International for San Luis Obispo County. His efforts have helped to feed, clothe, give gifts and provide chiropractic care to hundreds of homeless people in the county.



Dr. Dubrul:

18 Years Experience
Wellness Certified
Ultra-Marathoner

Helping You With:

POSTURE CORRECTION
BODY ALIGNMENT
MUSCLE THERAPY



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